



ONE HEART

IS A 33-DAY ONLINE RETREAT

HOW TO TAKE A FREE RETREAT:

-  WWW.JEDNOSERCE.PL WEBSITE
-  „MIŁUJCIE SIĘ!” YOUTUBE CHANNEL

Here are some suggested dates to start the retreat so it would end on the eve of Marian solemnity

SUGGESTED BEGINNING DATE	DATE OF CONSECRATION	NAME OF FEAST
January 9	February 11	Our Lady of Lourdes
February 20 (or 21)*	March 25	Annunciation
April 10	May 13	Our Lady of Fatima
April 28	May 31	Visitation
Depends on the year	Saturday after the octave of Corpus Christi	Immaculate Heart of Mary
June 13	July 16	Our Lady of Mount Carmel
July 13	August 15	Assumption
July 20	August 22	Queenship of Mary
August 6	September 8	Birth of Mary
August 10	September 12	The Most Holy Name of Mary
August 13	September 15	Our Lady of Sorrows
September 4	November 7	Our Lady of the Rosary
November 19	October 21	Presentation of the Blessed Virgin Mary
October 5	December 8	Immaculate Conception
October 9	December 12	Our Lady of Guadalupe
October 29	January 1	Solemnity of Mary, Mother of God
December 31	February 2	Presentation of the Lord

* In a leap year, when February is 29 days long, you should begin on February 21.